



RETAIL FROZEN **VEGETABLES**

PACKED AT THE PEAK OF FRESHNESS



**VEGETARIAN
& VEGAN
FRIENDLY**



KOSHER
OPTIONS AVAILABLE





**LAKE
SIDE
FOODS** EST 1887

RETAIL FROZEN VEGETABLES

RETAIL FROZEN PRODUCT LIST

BEANS

Beans, Green Cut
Beans, Green Whole
Beans, Green Italian Cut
Beans, Green French Style
Beans, Wax Cut
Beans, Lima Baby

CARROTS

Carrots, Crinkle Cut
Carrots, Sliced Smooth
Carrots, Diced

CORN

Corn, Cob 2 5/8 Inch
Corn, Cob Supersweet 2 5/8 Inch
Corn, Cob Supersweet 5 1/2 Inch
Corn, Cob 5 1/2 Inch
Corn, Supersweet Whole Kernel Cut
Corn, Supersweet White Whole Kernel Cut
Corn, Whole Kernel Cut
Corn, Supersweet Bi-Color Cut

MIXED VEGETABLES

Mixed Vegetables, 4 Way
Mixed Vegetables, 5 Way

PEAS/PEAS BLENDS

Peas, Green
Peas & Carrots
Peas & Pearl Onions

BLENDS

Blend, Brazilian
Blend, California
Blend, Italian
Blend, Soup
Blend, Mexican (Chuckwagon)
Blend, Succotash
Blend, Mirepoix

PEPPERS

Peppers, Green Diced
Peppers, Red Diced

BROCCOLI

Broccoli, Cuts
Broccoli, Chopped

CELERY

Celery, Diced
Celery, Sliced

ONIONS

Onions, Diced

OTHERS

Beans, Black
Beans, Dark Red Kidney
Rice, White
Rice, Wild
Potatoes, Double Diced

PACKAGING OPTIONS

FROZEN PACK SIZES

12/32 oz.
12/16 oz.
12/12 oz.
12/10 oz.
6/80 oz.

CORN COB SIZES

4/24 ct.
12/8 ct.
12/6 ct.

Custom sizing available
upon request!



- ✓ TOP QUALITY PRODUCTS
- ✓ SQF CERTIFIED FOR FOOD SAFETY & QUALITY

STRONG ROOTS. BRIGHT FUTURE.

