



A Lakeside Foods Company

Product Name: Oven Ready Breaded Green Beans**Product Code:** 4341**Pack Size** 6/2#**Gross Weight** 14 lbs**Count per Pound** 81-101**Case Dimensions** L=15.937" W=7.8125" H=8.125"**Cases per Layer:** 15/Layer, 8 Layers**Cases per Pallet:** 120/Pallet**Case Cube** 0.58**Retail Unit Code Number** 035038043415**Case Code GTIN Number** 10035038043412**Shelf Life** 24 Months at 0 degrees F or less.**Product Description:** 2, 3 sieve green bean inside a crispy oven ready breading.

Ingredients: GREEN BEANS, BREADER (WHEAT FLOUR, BUTTERMILK POWDER, SALT, MODIFIED CORN STARCH, MALTODEXTRIN, GARLIC POWDER, ONION POWDER, WHEAT GLUTEN, YEAST EXTRACT, WHEY, CITRIC ACID, NATURAL FLAVORS [CONTAINS MILK], LACTIC ACID, SOYBEAN OIL, SPICE, CALCIUM LACTATE, ENZYME MODIFIED BUTTER, DEHYDRATED PARSLEY, SAFFLOWER OIL, CORN SYRUP SOLIDS, STARTER DISTILLATE), SOYBEAN OIL, BATTER MIX (WHEAT FLOUR, MODIFIED CORN STARCH, SALT, BUTTERMILK POWDER, CULTURED BUTTERMILK POWDER, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE], ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SPICE, ENZYME MODIFIED BUTTER, CITRIC ACID, NATURAL FLAVORS [INCLUDING EXTRACTIVES OF CELERY SEED], GUAR GUM, EXTRACTIVES OF PAPRIKA), BLEACHED FLOUR (WHEAT FLOUR, POTASSIUM BROMATE), WATER.

Allergens: Milk, Wheat**Safe Handling:** Keep frozen. Do not thaw.

Food must be cooked thoroughly. Appliances vary. Adjust cook time as needed.

Cooking Instructions, Food Service: APPLIANCES VARY. ADJUST COOK TIME AS NEEDED. FOOD MUST BE COOKED THOROUGHLY TO 165°F. DO NOT PREPARE IN MICROWAVE.

FOOD SERVICE DEEP FRYER— Heat oil to 350°F. Place 12 oz or 6 oz into the fryer basket. Fry for 1.5 min. If using a consumer/home deep fryer, fry for 2 to 3 minutes. Let stand for 2 minutes. AIR FRYER— Preheat the air fryer to 400°F. Bake for 10 to 14 minutes (12oz) or 8 to 10 minutes (6oz), turning halfway through baking, until golden brown and crispy. Let stand for 2 minutes before serving. CONVENTIONAL OVEN— Preheat oven to 450°F. Spray the baking sheet with cooking spray. Portion 12 or 6 oz of product in a single layer on a pan. Bake 12 oz for 16 to 18 minutes or 6 oz for 10 to 12 minutes, turning halfway through baking until golden brown and crispy. Let stand for 2 minutes before serving. CAUTION: PRODUCT WILL BE HOT.



Nutrition Facts

53 servings per container

Serving size About 16 pieces (85g)

Amount per serving

Calories **170**

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 470mg **20%**

Total Carbohydrate 17g **6%**

Dietary Fiber 2g **7%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 3g

Vitamin D 0mcg **0%**

Calcium 50mg **4%**

Iron 0.7mg **4%**

Potassium 110mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.