



**LAKE SIDE**  
**FOODS** EST 1887

# CANNED VEGETABLES

FOODSERVICE

# BACK OF HOUSE READY. FRONT OF HOUSE PROUD.

## Strong Roots. Bright Future.

Since 1887, we've been feeding trust by delivering smart, flavorful solutions that work as hard as you do. Our vegetables are harvested at peak ripeness then sealed to deliver consistent quality year-round. Choose canned over fresh for your bottom line, your prep line and your peace of mind.

LABOR SAVINGS  
*FASTER PREP*

LOWER SHRINK  
*LESS WASTE*

LONGER SHELF LIFE  
*STORAGE FLEXIBILITY*

| Veg Type    | Variety                                                                                                                                                                                                                                                  | Cut                                   | Other                                                                 |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-----------------------------------------------------------------------|
| ASPARAGUS   |                                                                                                                                                                                                                                                          | Cuts & Tips                           |                                                                       |
| BEETS       |                                                                                                                                                                                                                                                          | Cut, Diced, Sliced, Shoestring, Whole | Low Sodium, No Salt, Pickled                                          |
| CARROTS     | Baby, Slicer                                                                                                                                                                                                                                             | Diced, Sliced, Whole                  | Low Sodium, No Salt                                                   |
| CORN        | Sweet - Gold, Sweet - White, Shoepeg, Supersweet - Gold, Supersweet - White, Supersweet - White & Gold, Hominy - Gold, Hominy - White                                                                                                                    | Whole Kernel                          | Organic, Low Sodium, No Salt, Higher Salt, Higher Sugar, Cream, Brine |
| DRY BEANS   | Black Beans, Blackeye Peas, Butter Beans, Chili Beans, Garbanzo Beans, Great Northern Beans, Idaho Beans, Kidney Beans, Mexican Beans, Navy Beans, Pinto Beans, Red Beans, Wild Rice                                                                     |                                       | Organic, Low Sodium, No Salt, Himalayan Pink Salt                     |
| BAKED BEANS | Original, Vegetarian, Old Fashioned, Premium, Pork & Beans, Buffalo Flavor, Chipotle & Tomato Flavor, Dr Pepper Flavor, Southern Mustard Flavor, Hot Honey Flavor, Jalapeno Bacon Flavor, Southwest Smokehouse, Santa Maria Flavor, Texas Dry Rub Flavor |                                       |                                                                       |
| GREEN BEANS | Green Beans, Italian Beans, Verigreen Beans, Wax Beans                                                                                                                                                                                                   | Cut, French Style, Whole              | Organic, Low Sodium, No Salt                                          |
| LIMA BEANS  | Lima Beans                                                                                                                                                                                                                                               |                                       |                                                                       |
| MIXED VEG   | 4-Way, 5-Way, 7-Way, Peas & Carrots, Corn & Peppers, Baja Corn, Chipotle Corn, Stew Vegetables                                                                                                                                                           |                                       | Low Sodium, No Salt, No Onion Powder                                  |
| PEAS        | Sweet Peas                                                                                                                                                                                                                                               |                                       | Organic, Low Sodium, No Salt                                          |
| POTATOES    | White Potato                                                                                                                                                                                                                                             | Diced, Sliced, Whole                  | Low Sodium                                                            |
| SAUERKRAUT  | Sauerkraut                                                                                                                                                                                                                                               | Shredded                              |                                                                       |
| SPINACH     | Green Leaf Spinach                                                                                                                                                                                                                                       | Chopped                               |                                                                       |

**Pack size for all canned products - 6/#10**



FOR SAMPLES OR MORE INFORMATION  
CONTACT [SALES@LAKESIDEFOODS.COM](mailto:SALES@LAKESIDEFOODS.COM)

**VISIT US ONLINE**  
[LAKESIDEFOODS.COM](https://www.lakesidefoods.com)



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